

March 10, 2023

Charanāmrta



The first Online Journal exclusively for the devotees of Śrī Guru

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Thought for the Day

Until we Meet again...

Just an other vessel, as He ferries us towards the golden shores....

As we sail our way from the darkness of ignorance to Light...

svāgatam



Humble respects to Maha Ganapathi
The Sole Cause for fulfilment of all auspicious tasks!

Charanāmṛth



Episode 32: March 10 2023

Greetings to blessed readers. The auspicious day is here again, giving us another chance to worship this great Lord Who incarnated solely for reducing the burden of the world (shouldering the devotees' karmic load and to prepare over a lakh of yogis and yoginis who are in a state of 'sayujya' with HIM. This is a grand yoga. For which HE sowed the seeds back in 1300s itself.

Everything is a grand sport in Time and ŚrīPāda Vallabha is the Director of this entire cosmic drama. We all are puppets, dancing to HIS tunes in silence. While some are aware of the music, some deny its melody. It is all about the inner call which one perceives in the heart and one's readiness in answering the same.

When the heart is saturated with the purity of love, it becomes easier to perceive HIS voice in silence.

We are here as a guild of HIS devotees, all inclusive, leaving out none.

It's a circle united in HIS aura. Though unaware, devotees are united in the aura enveloping HIS Divine causative form.

***Charanāmṛth** is a result of ŚrīPāda Vallabha's love, infinite and endless, like the ocean with no shores.*

Let's rejoice in HIS eternal Presence.



From the Dwarakamai

From Chapter 51, Sri Sai Sat Cahritha, by Annasaheb Dhabolkar.

Do not worry unnecessarily. By doing so, you are burdening yourself with the sense of doership? The responsibility of that coconut was Mine and as I willed it to be broken, it happened so. Remain carefree.”

Why is there pride in doing a good deed? As the sense of doership rests in the Divine, consider this too, an act of Divine play.

- Shirdi Sai Baba



The Embodiment of 'Ananda' - ŚrīPāda



ŚrīPāda ŚrīVallabha is the embodiment of 'undiluted bliss' of the highest order- 'Paramanandam'.

That bliss born of the union of Shakthi and Shiva at the 'Sahasrara' (energy centre at the Crown of the energy system/body) - which is beyond the confines of human terms!



ŚrīPāda Vallabha

HIS consonance with our Consciousness

Dattatreya is the Adi Guru – the Primordial Master.

His first incarnation, in this Kali yug, is in the name of Sripada Vallabha.

Those who have read His Charithra-amrutham, are well aware that Sripada sported as a Young, charming Child. In the later manifestations of Swami Samarth and Shirdi Baba, Datta appeared with advancement in age.

As a Child, Sripada Vallabha represents the live consciousness, which is reflected in the humans. It is in a state of constant growth. The awareness of the man, is progressing.

Representing HIS constant connection with the human awareness, HIS consonance with live cosmic power inherent within human consciousness, HE presents Himself as a small child. It is also stated that HE appears to His chosen devotees in His chosen age. So it is evident that HE presents Himself to each, conveying HIS multidimensional state, HIS live and glorious contact with varied states of awareness.

Sripada is embodiment of Love, Joy and Bliss of the highest order.

Realizing His greatness and surrendering unto Him, is 'ananda' of the highest order.

Sripada Vallabha is 'pari purana' – wholesome in all aspects. And whoever renders wholehearted surrender unto Him, He makes them 'whoelsome' too.

For that is the nature of a Satya Guru.

Remembering Him with undemanding love is to be plunged in the ocean of Ananda.



Observing Chithra Nakshathra

Śrī ŚrīPāda's plays are undefinable. They are realized to the extent our awareness responds to it. The play of yesterday will no longer be the play of tomorrow.

His Divine plays get more harmonious, wonderful and ecstatic to the extent, we or our inner awareness becomes capable of responding to it and relishing it.

ŚrīPāda incarnated in the star Chitra presided over by planet Mars.

Worshipping HIM by rituals or mentally remembering Him specially on the day coinciding with Chitra star, is allowing us to celebrate the expansion of awareness (in other words, witnessing the growth of Consciousness).

It is the check-point, as we proceed onward in our evolutionary journey.

It is celebrating the attainment of a higher stage in the course of our journeys called life.


It is to pause, check – if we are in tune with our Higher Being. In simpler terms, are we in check, attuned to the words of Sripada. Are we heeding to HIS words as dictated to us in the most sacred Charithamrutham?

Observing Chithra Nakshatra is “not only” about following a ritualistic routine.

It is about doing this inward check. If this can be our attitude in observing the Chithra Nakshatra every month, it will surely bring a greater change in our lives; triggering our focus towards right actions and protecting us from downfall. It is a definitive way to accelerate our awareness to the Supreme shore of ‘ananda’ or in others words, the ‘Suvarna Pithikapuram’ where Sripada is realized as an eternal reality.

If ŚrīPāda is earnestly worshiped during the time of the Chitra star, all afflictions of planets would abate!





As His devotees, the best way for us it to offer ourselves to Him, the Maha Avatar
Who incarnated for our sake on the auspicious star of 'Chithra' ruled by Planet Mars.
In journeying to total surrender unto Him, we can take one step at a time.

Let every Chitha Nakshathra, we can remind ourselves to do:

1. 1 Selfless act or at least 1 selfless prayer
2. Being cautious of every word we utter, making sure it is 'noble' and kind.
3. Observe 'satvam' in thought, word, deed and in food.
4. With gratitude and love, thank the Lord for the kindness received.
There should at least be 1 reason, to be grateful for in 1 month, the least to say.
5. At least 1 day in a month, let us palce ourselves behind and place Him ahead of us.
Let Him be the priority. Consciously, may we practise this.

Let us chant at least once, with whole hearted love, the Maha Mantra,
Digambara Digambara Sripada Vallabha Digambara



Realizing Datta Awareness

To be in constant contemplation of the Lord is a means of being aware.

It is the essence of Datta awareness that is to be realized within individual consciousness.

It is intrinsic and present within every being; just that, it gets to be realized or experienced in varying degrees. The Guru leads us on a path which helps us discover that pulsating and Live consciousness, glowing within oneself. It is a journey by itself.

It is the journey to the Real Self. This is the ultimate destination, of all paths of yoga ever known. All spiritual practices eventually culminate here.

'Tat vam asi' – You are That Divine Power. This is the ultimate

It is just that HE is leading us to HIM; in other words, to ourselves. It is the 'Self' – the realization of which results in 'ananda', that HE wants to shower us with.

It is this Self, that He wants us to discover, that that He wants us to experience and that which He wants us to become. It is for us to see the Divine in ourselves and those around us.

All is resplendent of Him, He is resplendent of All.

It is for us to seek the Dattatreya within, and out.



Vayu Mandala Yagna

In Charithamruth, Chapter 50, Sripada Himself states,

In kali yugam there is no greater cure to remove sins in speech than remembering the Name of God. By this all the vaayu mandala (airy region) will be purified. I am making a beginning in this regard by starting a grand yagnam called 'Naama smaranam' (remembering and chanting the name of God with devotion).

So let us try to understand what is the 'vayu mandala' as Swami states.

The region surrounding us, that is filled with ether. This ether has an outer and inner dimension to it. The external ether or space that we feel around us, is one. The deeper one is the internal or the air that moves within the biological system.

When devotees or noble souls get together to loudly chant the 'naama' of the Guru or the Lord, the outer dimension of space is purified. It is purified of what??

As Sripada explains,

"The entire ethereal region is filled today with the rubbish of verbiage wrongly used. When a person utters a word, he provokes one or two or all three, of the three attributes (sattwa, rajo and tamo gunas). As those provoked attributes do not help for good, they exert malefic influence on earth, air, fire, water and sky. As these five elements are polluted everything is polluted and the mind, body and inner-self of men are getting polluted."





So, we ought to understand, that every place has a vibration of its own.

In a place where noble thoughts abound or where the Name of the Divine is chanted, one can experience easily high vibrations. One feels lighter, not agitated. One is able to meditate easily. One is not disturbed by thoughts or unwanted negative ideas. Not just that, one is also inspired to become more noble, by action, speech and thought.

If one is unable to chant loudly, one can still chant in silence. This purifies the inner 'vayu mandala' which means the energy body (shakthi sarira) of the individual who chants.

Lord Hanuman is intrinsic with 'Vayu'.

He is also intrinsic with the constant chanting of the 'Rama Nama'.

With the chanting of the Maha Nama, it is awakening the 'inner force'; as one awakens more of the active vital energy within oneself, it facilitates oneself to move across dimensions. – Through consciousness!

this is what Sripada hints at, about arriving at Swarna Pithikapuram.

'It can be accessed only by means of consciousness!'

On an external level, it equals travelling across space. No wonder, Lord Hanuman is also worshipped as the Lord of the cosmic 'vayu mandala'; often portrayed as One floating in air, carrying the 'Sanjeevani' in His hands.

Jai Anjaneya.

JAI SAI RAM





From Śrī Sripāda Vallabha Sahasranāma

Aum Sulabha-gamya mahārha nidhaye namaha

Meaning: Easily accessible Golden/ most Precious Treasure

Aum ādambara ahankara agamyā ye namaha

Meaning: One Who is unattainable by those arrogant or puffed with pride.



Thought for the Day

How do we incorporate HIS Teachings?

Let us move from small steps to realizing big.

Let us be cautious of every word we utter. Let us offer out 'vaak' to Him. So let us speak words only if they are noble. Only if it does not hurt another. Only if it is fit to offer to the Lord.

As a next step, we can move from 'sthula vaak' (physical speech that which is heard) to 'pasyanthi' and 'madhyama' vaak – which are subtler. Which move between the thought to the uttered (audible) speech.

If this is sincerely practiced or if merely the Guru is remembered before we speak our words, the Inner Divine leads us to the next step – of controlling our thoughts as well. Only that which is noble will cross our minds.

How blissful existence becomes!! One needs to experience to understand.



punar darshanāya

punar darshanāya punar harshanāya
Śrī Guru kripā varshanāya

Until we meet again, in a peaceful manner (on a note of contentment)
Let us all be showered with Sri Guru's blessings!

With Sri Guru's blessings, the next episode will be available at the link for
the next Chithra nakshatra @
<https://sripadavallabhabhakthasamaj.org/journals/charanamrth.php>

Jai Guru Datta Digambara

Jai Sainatha Digambara

Digambara Digambara ŚrīPāda Vallabha Digambara

