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Just an other vessel, as He ferries us towards the eternal shore of Light

As we sail our way from the darkness of ignorance to Light...







#### svāgatam

#### aum Ganeshaya namaha

This edition on auspicious Chitra Nakshatra, carries the message of Love.

Sripada's Charithamrutham is full of wisdom about how to live a life of purpose, with Dharma has its foundation; in peace, free from fear and desires, the root cause of all evil. It is a journey which lasts long until one finds peace within oneself.

Understanding Charithamrutham on a deeper level helps navigate through the highs and lows of life; its complexities with greater clarity, driven by Higher purpose, and a sense of fulfilment. Charithamrutham is a timeless guide for journeying unto peace within. It leads us to the ultimate destination.

We are here to give and take; No body ones anything in this world that's so temporary. Let us offer love and feel loved. We are not here to judge; we are here to rejoice and share the joy of HIS presence.

Jai Sairam! Digambara Digambara Sripada Vallabha Digambara!





### From the Dwarakamai

I do not take anything from anybody. It is the Masjid Mai (presiding deity of the Masjid) Who asks for what is owing to Her. The giver is then free from debts.

*I am free in all respects. What need I have for the money?* 

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But debt, enmity and murder have to be atoned for, as there is no escape. People take vows to some Deity at a time of need. But it is a problem for Me, Who is trying to uplift them. Without knowing the Truth, what is the point of imploring Me at the time of Need? Blessed is the devotee who has his debts cleared.

- **Sainath Maharaj**, Chapter 36





# Raja Yoga unto Golden Pithapuram

The aim of Yoga being union, its beginning must always be a seeking, rather a longing for Truth or the Divine. Yogic meditation rests primarily upon taking the attitude of the witness (Sakshi-bhava), which means aligning our awareness with our inmost Self. We learn to witness the movements within our biological body – the breath, the senses and finally the mind from a place of silent observation. This grants detachment and helps discern as we move past the mind, negating the 'ego' or doership, thus negating karma.

Whatever we witness from the standpoint of a higher awareness grants freedom. This taste of freedom is sweet; it is beyond joy – it is permanent and called 'moksha'.

The higher goal of our 'samaj' is to travel towards tasting this liberation - everlasting contentment, born of freedom from the mind. It is to surpass the 'koshas'. In other words, to go beyond the physical, mental, energy, intellectual bodies and reach the 'spiritual sheath' or 'anandamaiya kosha' – which is the **timeless zone of Contentment.** This is the Golden Pithapuram which Sripada Vallabha talks of.

And to go the golden Pithapuram ~ it is via this raja yoga of constant 'smarana' and unconditional love, that one develops dispassion and grows in compassion.

Sripada answers the call of pure love.

HE is easily accessible in Golden Pithapuram.

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Let us contemplate.... On how does one gain entry to this golden land....





### The Dimension of Golden Pithapuram - as stated in Charithamrutham

A Golden Pithikapuram attached to the earth with different measurements exists in an invisible state. For ordinary people only the ordinary Pithikapuram on the earth will be visible. Golden Pithikapuram can be seen only by people with yogic insight. Just because one is a resident of Pithikapuram in the physical world, one cannot come to My Samsthan and have darshan. My will is efficacious.

When the matter related to consciousness is developed in the seeker, he becomes a resident of Golden Pithikapuram, which is purely constructed with consciousness. Those devotees who constantly remember Me can know about it from experience. Irrespective of the great distances they reside, they become residents of Golden Pithikapuram. I am always easily accessible to them.

- ŚrīPāda ŚrīVallabha.

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# **Reflections from Charithamrutham**

### From chapter 20,

# The power of unconditional or selfless love is superior to all other powers.

Its strength is infinite. Baapanaarya, Narasimha Varma, Venkatappayya Sreshti are endowed with this peculiar yogic wealth. All the three had abundant unconditional love and undemanding devotion towards Śrī ŚrīPāda. With the power of their unconditional love, and virtuous thoughts, they can cause the fructification of any noble work with ŚrīPāda's blessings.

#### - ŚrīPāda ŚrīVallabha

Let's reflect on the above passage, as stated by Sripada.

To contemplate with what is said in the Gita, (2.13).

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As Krishna explains to Arjuna, "When one's loving nature is contaminated by selfishness, they tend to love the falsities more than the Truth; the unreal more than the real; the externals than the internal. That is why they start devaluing the Truth, by contradicting Love to definite bindings. While Love is infinite; unbound and all encompassing.

This misdirected love forges misidentification with temporary bodily coverings and misleads one to self-centered desires."

Virtuous Arjuna exemplifies the pristine loving soul. Hence the first hand lesson was handed down to him.

from darkness to Light

from angst to rest.



The battlefield setting of the Gita beckons all of us to become spiritual warriors and conquer the selfish lower self with the selfless higher self.

Just as the wisdom of the Gita empowered Arjuna, it can empower us too, for ushering in the rule of Love in our hearts as well, so that we may bring forth a difference to the world at large.

Lord Krishna once while yielding the Sudharshana Chakra, told to Balrama,

"The Whole of Creation stirs with the power of Love only. My Sudharshana Chakra too is yielded with the power of My Love. Hence it is the most potent in destroying all the evil forces and demoniac forces (asura) that cause obstruction to 'asthika bhaktha jana' (believers of God)."

With this explained so beautifully, it is not the only instance which talks of Love.

The message of love is so loud and silent, all through Krishna's Avathar.

From Bhagavath Gita, 10.10-11, "To those who constantly see Me with love, which is undemanding and selfless – to him I shall show the way to reach Me. I shower on such a loving one, a special compassion by revealing to him the glory of My Light, dwelling within. The shining lamp of knowledge will chase the darkness born of ignorance." "He who loves Me more than anything else, to such a loving one, I stand indebted."

- Sri Krishna.

As does Gita, Charithamrutham too reckons us to become light bearers – with love in the heart, to light the path ahead. Love for the Divine, love which knew no conditions or expectations...

As devotees of the Lord, let us too, adhere to His call of Love.

Digambara Digambara Sripada Vallabha Digambar

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### **Prakat Din**

# The Day of Visible Physical Appearance in the Physical World.

Once, a certain European gentleman, having heard of a great Personage, verily av Divine incarnation dwelling in a hamlet in Maharashtra, wished to have a glimpse of Him. For which he travelled all the way from Calcutta and with the help of his acquaintance, a practising lawyer of the state, he went to look for the great Personage of Whose greatness, he had heard high of.

After a few days of search, in the deep woods bordering the town of Akkalkot, they had a glimpse of Him Who appeared verily like the bright Light in human form, tall and brilliantly radiant with a unique lustre; with lengthy hands, almost reaching His knees. His eyes were resplendent, extraordinarily luminous – filled with compassion; His looks were sharp and piercing through the naïve human heart.

From the first glance, they could say at once, He wasn't a human, certainly unique, as if not from this world. Their hearts surrendered at first sight. As they went forward, they could feel the palpitation, as they took every step towards Him - the Divine in human frame.

They went and humbly prostrated at His Feet and stood still, unable to speak a word in front of Him, Who is Light incarnate. After what appeared like a time beyond time, the lawyer wondered in silence – 'Who is He verily like Datta incarnate! Where was He all the while? I had missed seeing Him for so long, despite staying in close quarters.'

And Maharaj answered with stark clarity, the thought that crossed his mind.

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"I started from Sri Shaila Giri, having been in Tapo Samadhi at Kadali vana. I wandered all along the ghats; and walked by the banks of Ganga; met with Kaalika- amba (Goddess Shakthi). I resided at many places and now, 'am here.

Narasinhabhan, Moola Purush, Vatta Vriksha, Dattanagar."

The Prakat Din of Swami Samartha Maharaj is observed on **Chaitra Shukla Paksha Dwitiya.** 

Digambara Digambara Sri Swami Samartha Digambara



# **Thought for the Day**

At least every Chirtra nakshatra, let us make a conscious effort to put into practise at least one teaching of Sripada Swami.

May every action we do, be driven by the virtue of Compassion. Let us look at the external world with compassion.

This removes anger from the inner recesses, paving way for the human self to evolve to its Divine nature.

Let's learn to approach the world with kindness and compassion, at least this one day.

May every word we speak be compassionate; may our thoughts be kind...

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 $Let's\ contemplate...$ 





# From Srīpāda Vallabha Sahasranāma

Aum srishti thathva vikalpa-kā ya namaḥ

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Salutations to the Lord Who can alter the philosophy of Creation

Aum sarvāgatha dhivya kirana jyothi rūpā ya namaḥ

Salutations to the Lord Who emits wonderful Divine radiations reaching to all cosmos





### A Little Sanskrit

trai-guṇya-viṣhayā vedā nistrai-guṇyo bhavārjuna nirdvandvo nitya-sattva-stho niryoga-kṣhema ātmavān

trai-guṇya—of the three modes of material nature;

viṣhayāḥ—subject matter;

vedāḥ—Vedic scriptures;

nistrai-guṇyaḥ - above the three modes of material nature, transcendental;

bhava—be; arjuna—Arjun;

nirdvandvaḥ—free from dualities;

nitya-sattva-sthaḥ—eternally fixed in truth;

niryoga-kṣhemaḥ—unconcerned about gain and preservation;

ātma-vān—situated in the self

**Meaning:** The Vedas deal with the three modes of material nature, O Arjun. Rise above the three modes to a state of pure spiritual consciousness. Freeing yourself from dualities, eternally fixed in Truth, and without concern for material gain and safety, be situated in the self.

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# punar darshanāya

punar darshanāya punar harshanāya Śrī Guru kripā varshanāya

Until we meet again, in a peaceful manner (on a note of contentment) Let us all be showered with Sri Guru's blessings! Closing this note with one of the most wonderful verses illustrating the essence of universal harmony and wellbeing. sarve bhavantu sukhinaḥ sarve santu nirāmayāḥ |

sarve bhadrāṇi paśyantu mā kaścidduḥkhabhāg bhavet ||

May all be fine; May all be free from infirmities;

May all see good; May none partake suffering.

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With Sri Guru's blessings, the next episode will be available at the link for the next Chithra nakshatra @

https://sripadavallabhabhakthasamaj.org/journals/charanamrth.php

Jai Guru Datta Digambara Jai Sainatha Digambara

Digambar a Digambara ŚrīPāda Vallabha Digambara

