

May 10, 2025. Episode 60



Contents

- ❖ svāgatam
- ❖ From the Dwarakamai
- ❖ Returning to Satya Yuga – A possibility?
- ❖ Reminder from Charithamrutham
- ❖ What is Charanamartham?
- ❖ A Little Sanskrit
- ❖ A Name from His Sahasranama
- ❖ Thought for the Day
- ❖ Punardarshanāya

Just an other vessel, as He ferries us towards the eternal shore of Light

As we sail our way from the darkness of ignorance to Light...



Charanāmṛta



svāgatam

aum Ganeshaya namaha

In these dark days of war and uncertainties, the only hope that stands tall like a Light house in the stretching night of darkness, is the Guru's Presence.

Adi Guru Dattatreya in His different manifestations has graced the earth to teach His men, the Truth, virtues of love and compassion; showing the way back Home – to Light.

How does one derive solace during dark times?

Dhyana - of course is a great tool. Next to it, is 'smarana' or contemplation. In other words, recalling the Guru's Name and His teaching.

In brief, for the busy paced world that is, one can take to reading the Guru's chartihra. It is directly offering us a while with the Gurunath; to spend in His company, in His contemplation and attracting his Divine vibrations to touch, heal our consciousness.

As we read His chartihra repeatedly, it becomes a way of life, where the aspirant indirectly observed the Guru's teaching in every thought, word and deed.

May His grace prevail.

Mai we strive to become worthy of His grace!

Let's move from darkness to Light... from hatred to love...

Digambara Digambara Sripada Vallabha Digambara



From the Dwarakamai

he sense of duality between you and me is the wall between the Guru and the disciple. Till this wall is not completely demolished, the state of oneness is impossible to achieve. You may ask where I am now and how I can meet you now. But I am within your heart and we can meet without any effort.

- Sainath Maharaj



Chitra Nakshatra ~ Sripada chose to incarnate for our sake!

Any spiritual endeavour on this day of the month governed by the Planet Mars is said to yield amplified positive results causing more auspicious vibrations from Planet Mars.

ŚrīPāda chose to incarnate on this day which aligns itself with Planet Mars, for the sake of us. So as to grace us with abundant goodness, for the least good that we do. If atleast one day in a month, we involve ourselves in a 'sadhana' or any ritual or perform one good deed, HE grants amplified goodness back.

This helps combat our own sufferings born of our deeds from the past.

To this boundless compassion of ŚrīPāda's –what can we give in return?

What can we offer unto HIM Who is an embodiment of infinite love and compassion?

Anything we offer would be like offering water to the ocean.

But, yes, if there is one small thing that we can offer HIM then it is our selflessness. Be it in thought, word, deed, the selflessness we glaze it with, will be a real offering that shall definitely please Him.

Offering the 'naivedya' of halwa or milk, might not please Him as much as a selfless action of ours, would. This is axiomatic Truth!

Hence, on this Chitra star, let us resolve, to perform one selfless deed. And if that is not possible, let us offer one selfless prayer –wishing well for another soul, for someone who must have harmed us, or someone who did no good to us; or to someone who is in no way connected to us.

Let us pray for a cause, which may incur good upon many.



Satya Yuga ~ Can we return to the Era of Light?

It's time we return to the original state of our being; free from fear and pain; resting in the state of permanent bliss or 'ananda'. To arrive here, it suffices if one heartily follows His words from the Guru Parampara.

Do not hate anybody in this Creation. All that hatred reaches Me eventually.–
ŚrīPāda Vallabha, Chapter 45.

If any one speaks insultingly to another, then he has hurt Me only and pierced my heart. He hurts Me immediately who speaks a volley of hard words to another; while I am immensely pleased for a long time if one bears an insult patiently. Do not talk bad of one behind his back.

If anyone harms you in any way, do not retaliate. If possible try to oblige others. - Sainath Maharaj

When we negate hatred, resultant is only love. When there is love, there would not be any anger, jealousy or ill will. Forgiveness, compassion kindness, love and selflessness are the key attributes of Anasuya Tatwam. The same that has been preached in silence, by SaiBaba and Sripada Vallabha.

As one grows in selflessness and love, and other superior virtues, the experience of permanent peace is realized. This is 'Satya Yuga'. It is to be realized within the individual. As collective souls wake up to realizing this golden state of existence within them, the Golden Age is ushered on a universal level.



‘Anasuyatatva’ is the absence of negative tendencies like envy. In the absence of negative qualities, one grows more in **selflessness**, compassion, love and other superior virtues.

The strength of the Supreme Being, Datta in the form of pure bliss, descends only when one grows in higher virtues.

Digambara Digambara Sri Narasimha Saraswathi Digambara



Charanāmṛtham

**Śoṣaṇam pāpapaṅkasya dīpanam jñānatejasām/ Gurupādodakam samyak
saṁsārārṇavatāarakam**

The water (udakam) of the Guru's (guru) feet (pāda) dries up (śoṣaṇam) the mud (paṅkasya) of the sins (pāpa), kindles (dīpanam) the fire (tejasām) of Knowledge (jñāna), (and) causes (one) to cross (tāarakam) the ocean (arṇava) of Transmigration (saṁsāra) in the right way (samyak).

There is a lot of deep meaning to the 'drinking of waters that pass through the Guru's feet'.

On a gross level, it might merely mean the 'chanara-tirtha'. But in reality, there is a deeper significance, as per Guru Gita.

Drinking of the waters that pass through the Guru's Feet -> means the state of 'absolute surrender' and 'perseverance' with which one is ready to assimilate all that comes from the Guru.

Whatever that comes from the Guru, be it words, or silence, or denials or His glance.

**Ajñāna mūlaharaṇam janmakarmanivāraṇam/ Jñānavairāgyasiddhyartham
gurupādodakam pibet**

One should drink (pibet) the water (udakam) of the Guru's (guru) feet (pāda) in order to obtain (siddhi-artham) knowledge (jñāna) (and) renunciation (vairāgya). (That water) destroys (haraṇam) the root (mūla) of ignorance (ajñāna) (and) suppresses (nivāraṇam) the karma-s (karma) (bringing about) birth (janma).



Thought for the Day

At least every Chirtra nakshatra, let us make a conscious effort to put into practise at least one teaching of Sripada Swami.

To not hate anyone in this creation means, to love them all. The least, to forgive, and not hold on to grudges.

Let's learn to approach each other with a tint of compassion, and vowing to forgive for the sake of our Guru, for the sake of Sripada Vallabha, for HE has stated – ***Do not hate anyone in this Creation; as all that hatred eventually reaches Me, as I am the in-dweller in all of Creation.***

Let's try...

To move from hatred to love...

From anger to forgiveness...

From darkness to Light...

Here's the way...

Digambara Digambara Sripada Vallabha Digambara



A Little Sanskrit

*Durlabham triṣu lokeṣu tacchṛṇuṣva vadāmyaham
Gurum vinā brahma nānyat satyaṁ satyaṁ varānane*

(from the Guru Gita)

Meaning: Listen to that which is difficult to be obtained in the three worlds. I say
- the Absolute - is none other but the Guru Himself. This is the Truth. This is the
Truth.

(śṛṇuṣva) Listen

(tad) to that

(durlabham) which is difficult to be obtained

(triṣu lokeṣu) in the three worlds

(aham) I

(vadāmi) say

(brahma) the Absolute

(na) (anyat) is no other

(vinā) but

(gurum). the Guru

(satyaṁ) This is the truth

(vara-ānane) oh graceful!





From Śrīpāda Vallabha Sahasranāma

Aum sarva siddhi pujitha ṇāgābaranā ya namaḥ

To Him, in Whose service, all Siddhis await - the Kundalini is under His control;
Wearing serpents (representing the coiled energy) as His ornaments,
To HIM, I prostrate negating the limited 'me'



A Reminder from Chartihamrtham

It is of utmost significance to note this specific point, the words of Sripada Vallabha Himself, as stated by Guru charan, in chapter 20 when he is asked to describe Guru Tatwam.

“Unless there is a bond of indebtedness even a dog will not approach you. So, if any one approaches you for help, help him if you can. If it is not possible, explain to him about your inability in polite words but, don't display unkind temperament. If you show merciless treatment, I, Who am an indweller of all beings, will also be merciless towards you. It is a fact that I alone am the root cause for all this.”

Inference: So, our Guru stresses on the virtue of Kindness and Compassion.

It becomes an undeniable duty for a devotee to be compassionate and kind, in speech, thought and action, to whoever crosses our way; if we expect such kindness or compassion unto us from the Guru Himself.

He is certainly the embodiment of endless compassion. But for us to experience His compassion and causeless love, we ought to take one step towards Him. This might not merely mean to get immersed in rituals or other procedures by physical means. It could mean the 'inner' step – or taking a step from the heart. As He Himself has already stated in the earlier chapters that HE can be reached only by pure love,



It could also mean, that unless and until we proceed in the direction of the heart, or in the path of 'bhakthi' where the quintessential ingredient is 'prema' or pure love, it cannot be considered as we proceeding towards HIM.

To display some love or kindness or compassion, to those around us, irrespective of how they treat us, considering HE is intrinsic in each and every atom, in every soul - is itself our first step towards Him. Only when we take one step, can we expect Him to come further towards us and lead us further.

Recalling His words further in Chapter 48,

"Do not hate anybody in this Creation. All that hatred also reaches Me only."

Digambara Digambara Sripada Vallabha Digambara



punar darshanāya

punar darshanāya punar harshanāya

Śrī Guru kripā varshanāya

Until we meet again, in a peaceful manner (on a note of contentment) Let us all be showered with Sri Guru's blessings! Closing this note with one of the most wonderful verses illustrating the essence of universal harmony and wellbeing.

sarve bhavantu sukhinaḥ sarve santu nirāmayāḥ |

sarve bhadraṇi paśyantu mā kaścidduḥkhabhāg bhavet ||

May all be fine; May all be free from infirmities;

May all see good; May none partake suffering.

With Sri Guru's blessings, the next episode will be available at the link for the next Chithra nakshatra @

<https://sripadavallabhabhakthasamaj.org/journals/charanamrth.php>

Jai Guru Datta Digambara

Jai Sainatha Digambara

Digambar a Digambara ŚrīPāda Vallabha Digambara

